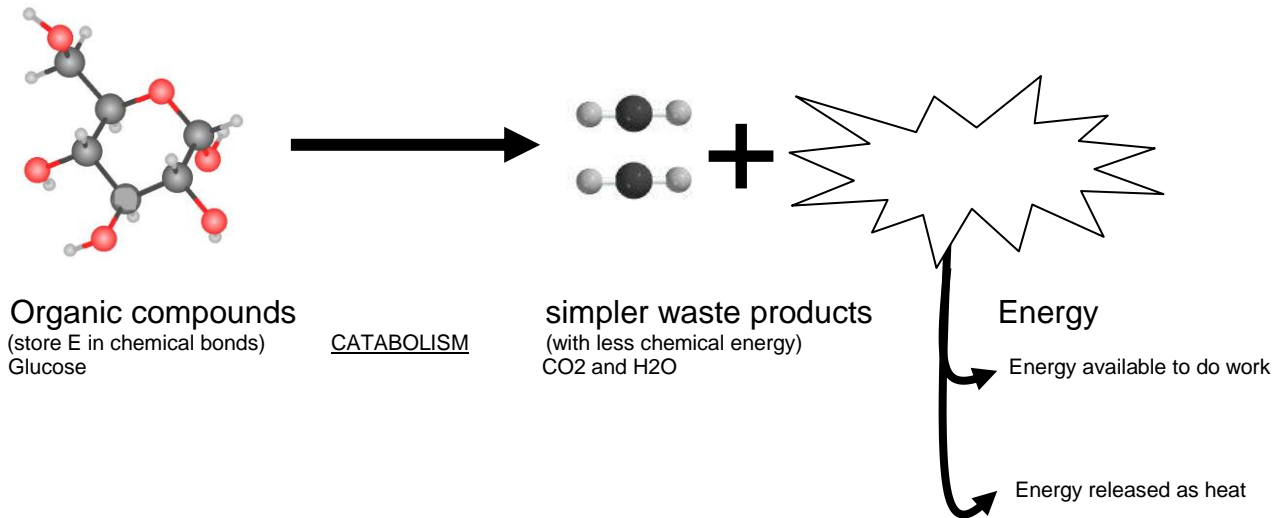


It takes energy to:

- Grow and reproduce
- Move or change shape
- Maintain complex structure
- Organize small molecules into polymers (i.e. amino acids → proteins, nucleotide → DNA)

LIVING TAKES WORK

Energy for cellular work is released in catabolic reactions:



“Redox” Reactions

Reduction

Often associated with the gain of energy

$A + e^- \longrightarrow A^-$ gain of electrons

$A-O \longrightarrow A + O_2$ loss of oxygen

$A + H^+ \longrightarrow A-H$ gain of hydrogen

Oxidation

Often associated with the release of energy

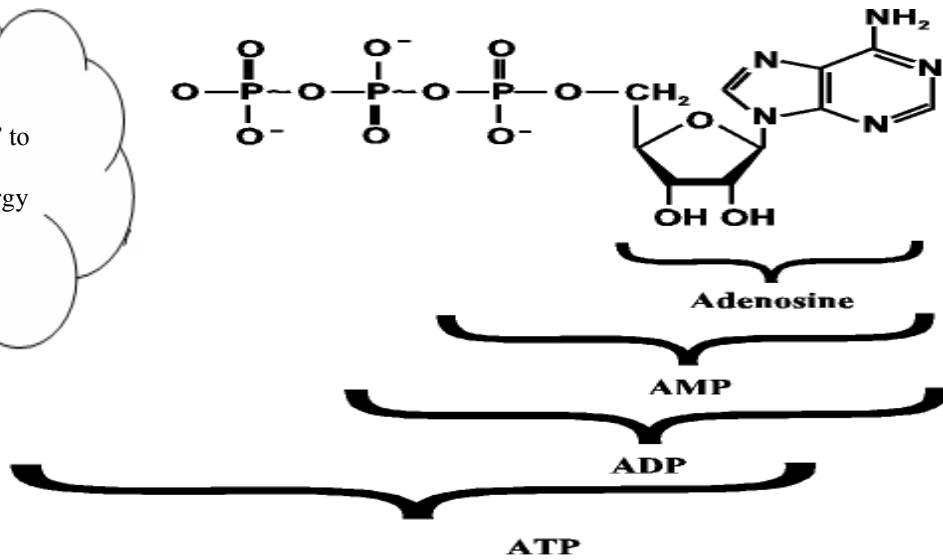
$A \longrightarrow A^+ + e^-$ loss of electrons

$A-H \longrightarrow A + H^+$ loss of hydrogen

$A + O_2 \longrightarrow A-O$ gain of oxygen

Adenosine-5'-triphosphate (ATP) is the prime energy carrier for all cells:

The three negative phosphates "want" to repel, like a spring with potential energy



How ATP does work:

1. A **kinase** enzyme transfers a phosphate group from ATP to another molecule (a "substrate"). The process is referred to as *phosphorylation*.
2. The phosphorylated substrate molecule loses its Pi.
 - a. An enzyme that removes phosphate groups is known as a **phosphatase**.
 - b. When the substrate loses its Pi, it can use the energy released to do cellular work
3. The Pi can be "recycled" and added to an ADP to create a new ATP → this is what cellular respiration is all about!!!

